

Youth Mental Health First Aid Instructors Needed in our Region!

As the mental health challenges experienced by youth in our schools continues to grow, our region needs educators credentialed to instruct Youth Mental Health First Aid (YMHFA) across our schools. Credentialing is achieved through a **3-day interactive training** with some pre and post-work required.

As a YMHFA instructor, you would be able to provide trainings for area school districts and become a part of a regionally supported cohort through **Bloomsburg University's McDowell Institute**, dedicated to serving the mental health needs of youth in our communities!

Instructor credentialing teaches you how to:

- Teach the Youth Mental Health First Aid course, including the 5-step ALGEE Action Plan, along with evidence-based information concerning prevalence, supportive strategies and treatment;
- Present the program with fidelity; and
- Tailor presentations to diverse audiences and learning environments.

Instructor credentialing provided by Mental Health First Aid USA, costs more than \$2,000 per person, but is **available on a limited time basis at no-cost to CSIU regional districts through grant funding.**

Oct. 19: Official course registration opens

Nov. 20: All applications due

Dec. 7: Pre-work is assigned to each candidate; to be completed by Dec. 13

Dec. 14-16: Must attend all three days of training to be eligible for credentialing

Dec. 18: Post-work is assigned, includes the final logistics for setting up your instructor account to instruct YMHFA

The CSIU will begin the preliminary application process during 2021 summer. If you are interested in becoming a YMHFA instructor and/or require additional information, please contact **Dr. Bernadette Boerckel**, CSIU Chief Outreach Officer at bboerckel@csiu.org or **570-523-1155 ext. 2352**.



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